

# Robyn Gordon, M.A., M.Ac., L.Ac.

## NEW PATIENT INTAKE FORM

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*Please help me provide you with a complete evaluation by taking the time to fill out this questionnaire carefully.*

*All answers are confidential. Please print clearly in ink.*

### IDENTIFICATION:

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Referred by: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ E-mail: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Education: \_\_\_\_\_

Occupation: \_\_\_\_\_

\_\_\_\_ Single \_\_\_\_ Married \_\_\_\_ Partner \_\_\_\_ Widowed \_\_\_\_ Separated \_\_\_\_ Divorced

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

**I am a provider with Aetna, CareFirst, Cigna, & United Healthcare. If you have a policy with one of these companies, please provide the following information:**

Name of Insurance Co: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_

Member ID: \_\_\_\_\_

Group number: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**FAMILY HISTORY** Please complete for each family member as best as you can, indicating any illnesses that they have ever had. Place an "X" or the date in the appropriate box or boxes.

	Self (date)	Mother	Father	Sibling	Partner	Child(ren)
Adopted						
Good Health						
Cancer or tumors						
Diabetes (indicate Type 1 or 2)						
Thyroid disorders						
Kidney disorders						
High blood pressure/heart disease/stroke						
Blood or bleeding disorders/ anemia						
Seizures						
Allergies						
Alcohol or drug use						
Depression or mental illness						
Hepatitis/ other liver disease						
Musculo-skeletal disorder						
HIV/AIDS						
Deceased (indicate age)	N/A					

**PERSONAL LIFESTYLE HABITS** For each item, please indicate how many or how often. Please note if this is current or the date you quit.

Cigarettes (packs per day) \_\_\_\_\_ Alcohol (drinks per week) \_\_\_\_\_  
 Coffee/Tea (cups per day) \_\_\_\_\_ Soda (regular or diet) \_\_\_\_\_  
 Recreational drug use (what kind/often?) \_\_\_\_\_  
 Exercise (what kind/how often?) \_\_\_\_\_

**MEDICAL** If you have ever been hospitalized or in the emergency room for a serious medical illness or operation, please list all of them below (do not include normal pregnancies/labors):

YEAR	OPERATION/ILLNESS	HOSPITAL

**MEDICINES** Please list all medications, vitamins, herbs, and/or food supplements you are currently taking:

MEDICATION/SUPPLEMENT	DOSAGE	FOR WHAT CONDITION

## CURRENT AND PAST CONDITIONS/ SYMPTOMS/TRAUMAS

If you are currently experiencing any of the following, please mark it with a "C". If you have experienced any of the following in the past, please mark it with a "P. Mark "P-C" if you have experienced both past and currently.

### General

Insomnia  
 Dreams/ nightmares  
 Fatigue  
 Poor memory  
 Strongly like cold drinks  
 Strongly like hot drinks  
 Recent weight loss/gain  
 Cold hands & feet  
 Chills  
 Fever  
 Bad breath  
 Other (describe) \_\_\_\_\_

Dry nose  
 Nasal congestion  
 Loss of voice  
 Thirst  
 Excessive phlegm  
 TMJ  
 Facial pain  
 Gum problems  
 Dry mouth  
 Dental problems?  
Last dental visit \_\_\_\_\_  
Other (describe) \_\_\_\_\_

Night sweats  
 Tendency to be cold  
 Tendency to be warm  
Other (describe) \_\_\_\_\_

### Head & Neck

Headaches  
 Migraines  
 Stiff neck  
 Dizziness  
 Fainting  
 Swollen glands  
 Other (describe) \_\_\_\_\_

### Skin

Hives  
 Rashes  
 Eczema/psoriasis  
 Night sweating  
 Excess sweating  
 Dry skin  
 Easily bruised  
 Changes in moles, lumps  
 Itching  
Other (describe) \_\_\_\_\_

### Gastrointestinal

Nausea  
 Indigestion  
 Stomach pain  
 Diarrhea  
 Constipation  
 Poor appetite  
 Excessive hunger  
 Vomiting  
 Gas  
 Hiccups  
 Acid reflux/regurgitation  
 Bloating  
 Laxative use  
 Bloody stool  
Other (describe) \_\_\_\_\_

### Ears

Ringing  
 Hearing loss  
 Hearing aids  
 Infections  
 Earache  
 Vertigo  
 Other (describe) \_\_\_\_\_

### Respiratory

Difficulty breathing  
 Difficulty breathing when reclining  
 Wheezing  
 asthma  
 Chronic cough  
 Wet cough  
 Dry cough  
 Coughing up phlegm  
 Coughing up blood  
 Shortness of breath  
 Tight chest  
 Pneumonia  
Other (describe) \_\_\_\_\_

### Musculoskeletal

Joint pain/swelling  
 Sore muscles  
 Weak muscles  
 Difficulty walking  
 Pain (describe) \_\_\_\_\_  
 Limited range of motion

### Eyes

Glasses/contact lenses  
 Blurred vision  
 Poor night vision  
 Spots or floaters  
 Eye inflammation  
 Double vision  
 Glaucoma  
 Lazy eye  
Other (describe) \_\_\_\_\_  
How often checked \_\_\_\_\_

### Neurological

Seizures  
 Tremors  
 Numbness or tingling  
 Paralysis  
 Poor coordination  
 Pain (describe) \_\_\_\_\_

### Nose, Throat & Mouth

Sinus Infection  
 Hay fever/allergies  
 Frequent sore throat  
 Difficulty swallowing  
 Mouth & tongue ulcers  
 Frequent colds  
 Nosebleed

### Cardiovascular

High blood pressure  
 Low blood pressure  
 Chest pain or tightness  
 Palpitation  
 Rapid heart beat  
 Irregular heart beat  
 Poor circulation  
 Swollen ankles  
 Phlebitis  
 Anemia  
 History of heart disease  
 Heart murmur

**Mental/Emotional**

- Depression
  - Mood swings
  - Irritability
  - Difficulty relaxing
  - Loneliness
  - Sensitive
  - Shyness
  - Frequent crying
  - Frequent worrying
  - Compulsive behavior
  - Difficulty focusing
  - Hopeless outlook
  - Suicidal thoughts
  - Lose temper easily
  - Frustration
- Other (describe) \_\_\_\_\_  
 \_\_\_\_\_

**Urinary**

- Pain on urination
  - Frequent urination
  - Urgent urination
  - Blood in urine
  - Incontinence
  - Incomplete
  - Bedwetting
  - Wake to urinate
  - Kidney (specify)
- Other (describe) \_\_\_\_\_  
 \_\_\_\_\_

**Male Genital**

- Impotence
  - Premature ejaculation
  - Nocturnal emission
  - Pain/itching of genitalia
  - Lumps in testicles
  - Increased libido
  - Decreased libido
- Other (describe) \_\_\_\_\_  
 \_\_\_\_\_

**Gynecological**

- Currently pregnant
- # or pregnancies
- # of live births
- # of miscarriages
- # or abortions
- Menopause
- Irregular periods
- Menstrual cramps
- Excessive blood flow
- Breast tenderness
- Abnormal Pap smear
- Vaginal infections
- Vaginal pain/itching
- Uterine fibroids
- Endometriosis
- Breast lumps/cysts
- Increased libido
- Decreased libido

Other \_\_\_\_\_

**Infection Screening** (Circle self and/or partner)

- HIV risks: self or partner
  - TB: self or partner
  - Hepatitis risk: self or partner
  - History of sexually transmitted disease: self or partner (specify)
- \_\_\_\_\_

Other (describe) \_\_\_\_\_  
 \_\_\_\_\_

**Trauma** (list)

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Other Information**

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\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Robyn Gordon, M.A., M.Ac., L.Ac.

### Office Policies & Procedures

Welcome to the Acupuncture practice of Robyn Gordon, M.A., M.Ac., L.Ac. at Crossings Healing & Wellness. We want you to be comfortable and to receive the best care possible. Please do not hesitate to ask any questions you might have regarding your visit, your billing, or our policies. Please read each policy statement below and provide your initials to signify your agreement and understanding of each.

**FEES** The fees charged in this office are comparable to those charged by other healthcare providers with similar qualifications in this area. Please ask to see our fee schedule if you have a question about rates. We accept cash, credit cards, and personal checks. Please note: there is a \$35.00 charge for checks returned due to insufficient funds.

Initial \_\_\_\_\_

**INSURANCE COVERAGE** Many insurance policies cover Acupuncture, but we do not claim that yours does. Policies can differ greatly in terms of the deductible and the percentage of coverage for Acupuncture. We can verify coverage and submit your claim form for reimbursement, provided you sign the financial agreement below.

Initial \_\_\_\_\_

**RELEASE OF INFORMATION** Your insurance company may require medical reports to document our treatment and progress. Your initials below authorize the release of medical information necessary to process your claim.

Initial \_\_\_\_\_

**CANCELATIONS** As a courtesy to our office and other patients, we ask that you please notify the office at least **24 hours in advance** if you need to cancel or reschedule your appointment. You will be charged a \$90.00 fee for any missed appointment or cancellation giving less than 24 hours' notice for any non-emergency situations.

Initial \_\_\_\_\_

### FINANCIAL AGREEMENT/ ASSIGNMENT OF BENEFITS

I, (print full name) \_\_\_\_\_, am receiving or about to receive health care services in this office. I understand that I am responsible to pay all non-insurance related fees when services are rendered or upon receiving my bill. If I choose to use my insurance I understand I will be responsible for all "non-covered" services and / or coinsurance/ co-pays associated with my office visit. In addition, I authorize insurance payment of medical benefits to Robyn Gordon, M.A., M.Ac., L.Ac.

*By signing below, I agree to comply with the office policies stated above which I have read and understand. I also authorize the use of this signature on all insurance submissions.*

**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_